



AIMED POINT SHOOTING OR P&S EXPLAINED

AIMED Point Shooting or P&S. It is the simplest effective shooting method for use in close quarters combat. And it can be learned and maintained with little or no training.



It utilizes our natural ability of being able to accurately point at things, to accurately aim a gun at close quarters. Basically, you just grab your gun and put your index finger along its side, point at a target, and pull the trigger with your middle finger. That's all there is to it. You just point-n-pull, point-n-pull.



It works because when your index finger is along the side of a gun, it, the barrel, and the sights will be in correct alignment. And when you point at a target, you will get a correct sight picture, which is necessary for accurate shooting. Then, you just pull the trigger. Point-n-pull, point-n-pull.



Here's what the US Army says about pointing: "When a soldier points, he instinctively points at the feature on the object on which his eyes are focused. An impulse from the brain causes the arm and hand to stop when the finger reaches the proper position....It is this inherent trait that can be used by a soldier to rapidly and accurately engage targets."

Shooters can determine by dry-firing, the use of air-soft, or range shooting, how much practice they need to maintain proficiency. Increased practice usually leads to increased performance.

As to the effectiveness of P&S, here's a video of me hitting SEVEN aerals in a row (pop cans tossed up in the air), at a distance of 9 to 12 feet. With Sight Shooting, that is just not possible.

[Hitting seven aerals in a row.](#)

[And here's a video of me moving and shooting using P&S. It works just fine.](#)

These photos of guns with test P&S aiming aids attached to them, and targets used in shoots, clearly show that P&S works and is effective at close quarters distances. Note that hits within a few inches of the center of a target would also be effective hits at twice the distance.





The aiming aids are not required to be used with P&S, but they can make index finger placement mechanical and automatic, and they keep the index finger away from the slide with rapid firing and the gun jumping in your hand.

P&S is for use at close quarters (at less than 21 feet where most all gunfights occur), and where Sight Shooting (Traditional Marksmanship), is not or can not be used in most all cases.

And it is at close quarters where there is the greatest chance of being shot and/or killed. If you are going to be shot or killed, there is an 80% chance that it will happen at close quarters.

So, if you have a gun for self defense, it would be wise to know how to use P&S or another Point Shooting method.

It's a bit funny, or even laughable that the naysayers who ridicule and bad mouth P&S, never produce any pictures or videos of Sight Shooting being used effectively in close quarters armed encounters. And that's bizarre since Sight Shooting is the traditional shooting method that is taught to shooters for over 100 years.

As such, you'd expect that there would be thousands and thousands of them, and that every class of new shooters would be shown lots of them. But they are rarer than hens teeth.

On the other hand, here are some pictures of Point Shooting being used effectively in combat situations.





Because the naysayers don't have pictures or videos of Sight Shooting being used effectively in close quarters combat, is probably why they go ballistic when presented with effective alternative shooting methods to Sight Shooting.

Or perhaps they feel guilty about not teaching or promoting effective alternative shooting methods for use in close quarters self defense, as not doing that sets up Police and civilians to be killed.

One would think that they would have the gumption to try a few Point Shooting methods on their own, and find out the pluses and minuses for close quarters shooting. And airsoft can be used for that.

What they usually do, is just stand back and hurl invectives and insults. They must think that their saying this or that, plus chest beating, verifies what they say. Some dismiss Point Shooting outright because top competitors don't use it. And others demand proof through competition before a method is worthy of them to try.

Well, the US Army supports the use of Point Shooting at close quarters and at night. This is from FM 3-23.35 (FM 23-35) Combat Training With Pistols, M9 And M11 - June 2003:

"Quick-Fire Point Shooting....is for engaging an enemy at less than 5 yards and is also useful for night firing. Using a two-hand grip, the firer brings the weapon up close to the body until it reaches chin level. He then thrusts it forward until both arms are straight. The arms and body form a triangle, which can be aimed as a unit. In thrusting the weapon forward, the firer can imagine that there is a box between him and the enemy, and he is thrusting the weapon into the box. The trigger is smoothly squeezed to the rear as the elbows straighten."

P&S is simpler, quicker, and can be done one handed. [Using P&S one handed.](#)

Note that the grip used with P&S is a strong 4 fingered grip. It consists of the natural pincer of the thumb and index finger, the base of the middle finger, and the ring and little fingers which also provide tenacity to the grip. Together they provide a strong and level shooting platform, which is enhanced when the gun is gripped very hard, as happens in real close quarters combat per the literature. It also allows the grip to be high on the gun for improved recoil control.

Some say that basic shooting training produces only novice shooters, and that both Police and civilians will need extensive additional training to become as proficient as Special Forces who are capable of shooting effectively in life and death situations and without reliance on the sights. Unfortunately, most all run of the mill gun owners, don't, won't, or can't train up to that level of effectiveness.

And since assaults, robberies, and home invasions happen at up close up and personal distances, they most likely will not have the time to take a practiced stance, align the sights correctly on the

target, and squeeze the trigger in a close quarters life threat situation.

So it would be a good idea for them to learn Point Shooting and specifically P&S, as that can be done with little or no training using common sense and an appropriate gun.

[Youtube link to video: Aimed Point Shooting or P&S - Explained](#)

Feel free to copy/share this file or the video as you wish.