



P&S GRIP/METHOD = LESS RECOIL/BETTER ACCURACY

If you are involved in a close quarters gunfight, you will shoot with your strong hand, and there is a better than 70% chance that you will not use the sights. You will use instinctive shooting.

Those are just two of the findings of the NYPD'S SOP 9 1970-1980 study of **thousands** of Police combat cases; and **they have not been replaced by other studies/data to date.**

And in accordance with them, the use of the P&S grip and the P&S method is clearly the better method to use at close quarters instead of using the sights and traditional grip, with the index finger being used to pull the trigger.

The pics below show why that is so.

The pics are of a G17 replica whose "square" grip has been "rounded" to better fit my average sized hand.





Note that with my index finger on the trigger, there is considerable space between the top of my hand and the tang.

As such, with firing, recoil forces would drive the nose of the gun up and off target more than if there was no or very limited space between the tang and the hand. That is simple physics.

In the pics below using the P&S grip, the index finger is placed along the side of the gun and the middle finger is on the trigger.

The gun is now $\frac{5}{8}$ of an inch lower down in the hand than it was in the above pics. And the space between the tang and the top of the hand is very limited.

As such and with firing, the resistance to and control of recoil forces, would be much improved.





With the index finger positioned alongside the gun, you will be able to aim the gun accurately and automatically without the use of the sights at close quarters, and for each and every shot taken. Also, extending the index finger brings a plus with it, as it helps to lock up the wrist, which in turn helps in recoil control.

In an article "Getting A (Combat) Grip" which was presented on Officer.com, here is what Steve Denny had to say:

"Finally, the web of your hand needs to be as high on the back of the grip as you can get it. There should be a little ripple of flesh in the web of your thumb and forefinger as it presses up against the grip tang.

This gets the pistol as low in your hand as possible, giving the best alignment of the axis of the bore with the axis of your forearm. This is the firm support an auto-loader needs to function most efficiently.

It also minimizes the felt recoil. If you let your hand slide down on the grip, even a little, it acts as a fulcrum to allow the gun to "whipsaw" upward as it recoils and the slide reciprocates.

I can't even count the number of people I see do this and then complain about the "nasty recoil."

Recoil is what it is. It is how we manage it that determines how it feels.

If you have a high, strong grip on the gun, it will function better (you will not have to worry about so-called "limp-wristing"), you will have better shot-to-shot recovery and you will be more accurate. That sounds like a pretty good combination to me."

End.